



# URGENT INTERACTIONS



*“Be mindful. You can only do one thing at a time, no matter how much is going on. Multitasking is illusion, and you will mess something up.”*

— **Joshua W. Russell, MD, MSc, ELSc, FCUCM, FACEP**  
JUCM Editor in Chief



*“Natural substances taken in pharmacologic doses are no longer natural. After all, poison ivy is ‘natural.’”*

— **Michael Weinstock, MD**  
JUCM Senior Clinical Editor



*“The College of Urgent Care Medicine has established a Specialty Task Force to spearhead the recognition of Urgent Care as a vital medical specialty. We’ve begun the process of fostering dialogue and collaboration across specialties and professional societies and are excited to be driving forward a unified vision for enhanced quality of care and professional recognition within Urgent Care.”*

— **Cesar Mora Jaramillo, MD, FCUCM**  
CUCM President

— **Joseph Toscano, MD, FCUCM**  
CUCM Board Member



## Call for Manuscripts

JUCM accepts submissions on most topics related to urgent care medicine. Following are a few examples of the types of topics that would be of interest to the JUCM audience. If you have a question, please contact us at [editor@jucm.com](mailto:editor@jucm.com). To submit an article for consideration, access our author guidelines at <https://www.jucm.com/author-instructions>.

- Differentiating a hypertensive emergency among patients with elevated blood pressures or when to make a new diagnosis of hypertension in urgent care
- Nasal foreign bodies in toddlers
- Approach to the patient with fatigue in urgent care
- Considerations for pancreatitis
- When to pack abscesses and the loop-drain abscess technique
- Comparison of methods of checking temperatures
- Managing pediatric cough
- Persistent sore throat when the strep test is negative



Have a comment? Interested in sharing your perspective on a topic that appeared in JUCM? Not all letters will be published. Letters may be edited for length and clarity.

Send your letters to: [editor@jucm.com](mailto:editor@jucm.com)