

This feature will challenge your diagnostic acumen with a glimpse of x-rays, electrocardiograms, and photographs of conditions that real urgent care patients have presented with.

If you would like to submit a case for consideration, please e-mail the relevant materials and presenting information to editor@jucm.com.



## INSIGHTS IN IMAGES: CLINICAL CHALLENGE

## THE RESOLUTION







A child presents after a fall on an outstretched arm from monkey bars. Pain and voluntary guarding of the elbow are noted.

View the image taken (**Figure 1**) and consider what your diagnosis would be.

Resolution of the case is described on the next page.

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## THE RESOLUTION



Diagnosis: Occult elbow fracture.

Note the posterior fat pad that is evident on this lateral view (Figure 2). Posterior fat pads are never normal and usually represent an occult elbow fracture when no other radiographic findings are seen. Note the sail sign (arrows), which identifies the anterior fat pad. This may be normal when present without other radiographic abnormalities. (Figure 1 modified with permission and Figure 2 used unmodified with permission under a Creative Commons BY 3.0 U.S. license from James Heilman, MD. Fat pad sign. In: Wikipedia. http://en.wikipedia.org/wiki/Fat\_pad\_sign. Original figure available from http://commons.m.wikimedia.org/wiki/File:Sailsign.PNG.)