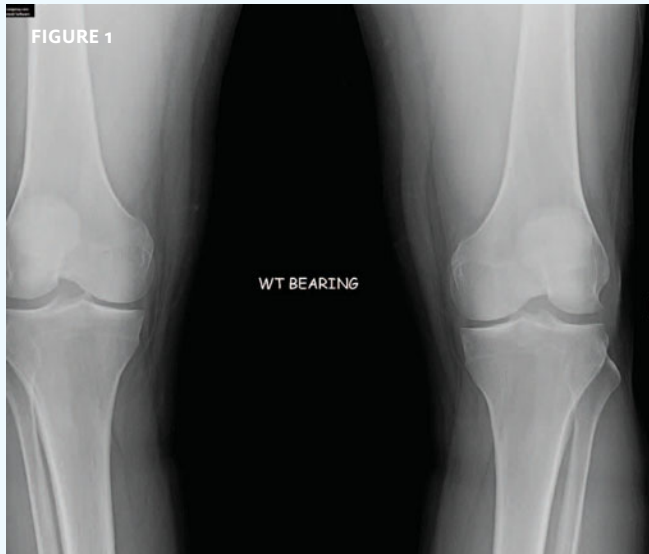




INSIGHTS IN IMAGES CLINICAL CHALLENGE

In each issue, *JUCM* will challenge your diagnostic acumen with a glimpse of x-rays, electrocardiograms, and photographs of dermatologic conditions that real urgent care patients have presented with.

If you would like to submit a case for consideration, please e-mail the relevant materials and presenting information to editor@jucm.com.

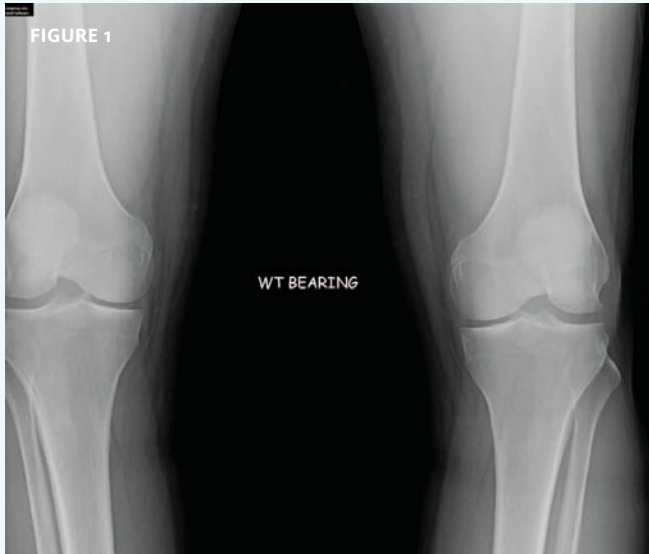


These x-rays were taken on a 49-year-old man with chronic bilateral knee pain that had increased over the past 6 months with ambulation. Examination was unremarkable.

View the images taken (Figures 1, 2, and 3) and consider what your diagnosis would be.

Resolution of the case is described on the next page.

THE RESOLUTION



Diagnosis: The lateral images reveal sesamoid (accessory bone), most likely in the lateral head of the Gastrocnemius, indicative of Fabella syndrome. Fabella syndrome is characterized by posterolateral knee pain, predominantly bilateral. Referral to an orthopedist for further management is appropriate for this patient because removal of the ossified body usually is a consideration.

Acknowledgement: Case presented by Linda-Michelle Ledesma, DO, Urgent Care Extra, Phoenix, Arizona.